

Wandering & Wondering



John Maybury

CEQA GUIDE

Protect community health and environment. Brush up on public participation provisions of our state's premier environmental law, the California Environmental Quality Act (CEQA). The Planning & Conservation League Foundation has released the latest edition of Community Guide to CEQA. Full-color and packed with helpful "What to Do" break-outs, tips on how to make sure global warming is addressed properly in CEQA, and the latest on assessing water supplies for new developments. Buy online (pcl.org) for \$35 (includes tax and shipping) or request a CEQA workshop in your community by contacting Rene Guerrero at rguerrero@pcl.org.

FISHING REPORT

Brian Hoffman's fishing column

in the San Francisco Chronicle sports section is must reading for fishers, surfers, marine biologists, environmentalists, and all others who love the ocean, the bay, the rivers, the creeks, the lakes, and all the creatures that live in these waters of the greater San Francisco Bay Area. Read it and weep, read it and rejoice. Brian Hoffman's column is always a mixed bag, kind of like life itself. (Brian's archives available online at sfgate.com.)

LINDA MAR CAR POOL

We all know car pooling is good for the environment, saves on gas, and improves traffic. But often it's just not convenient. Your schedule's variable, you don't think anyone's going your way, you're not sure you want to commit to it. Well, here's a new experiment in car pooling for Linda Mar residents and people with kids in Linda Mar schools—the Linda Mar Car Pool message board! (lindamarcarpool.hyperboards.com/) Here's how it works: 1. If you can offer a ride, even once a week, post in "Standing Offers." People who want a lift will contact you directly. If you'd rather be the person contacting potential riders, browse the "Need a Ride" forum and contact anyone going your way. 2. If you need a ride, browse the "Standing Offers" posted by others. If you don't

see anything that fits, post in "Need a Ride" so potential drivers can contact you directly. 3. If your children attend school in Linda Mar, there are also separate forums for each of the three schools in Linda Mar, for parents tired of fighting Linda Mar traffic to drop off and pick up their children. This works only if lots of people use it and frequently post offers and rides needed. It has to become part of the culture in Pacifica, the way the "casual car pool" is part of the culture in the East Bay. So please offer rides if you can, even one day a week, and be patient, it may take a long time to catch on. Try offering a ride on Wednesdays—let's get everyone in Pacifica car pooling on Wednesday and see if we can do the impossible: eliminate traffic! Please tell everyone you know, and contact me directly (matt.levie@gmail.com) if you have suggestions or comments to make the service more useful or user-friendly. And for those who don't live in Linda Mar—if it starts to catch on, I promise I'll create similar boards for the rest of you! (Matt Levie)

AHOY, MATÉ

Maté tea contains caffeine but has fewer negative effects than coffee. It actually has a relaxing effect on heart and muscle tissues. Maté drink-

ers say they don't have trouble falling asleep. The taste is usually nice and earthy, but some companies have formulated mate that tastes fruity or latte-like. Like tea, maté may help you lose weight, because it has zero calories and revs up your metabolism. Antioxidants up the whazoo: maté has almost twice the free-radical-combating ability of black and green teas. A 2005 University of Illinois study found maté inhibited mouth cancer cells from spreading. (idealbite.com)

DUH

"Want to Withdrawal?" (flyer circulating on Bay Area college campus for students wanting to withdraw)

TRAVEL PHOTOS

The gorgeous travel photos of Michael Slaughter, 65-year-old longtime denizen of an obscure area of Linda Mar (Pacifica), are on view at both Pacifica libraries. Catch them now. The show at the main library closes at the end of the month. The show at the Sanchez branch closes at the end of the year. (Note: In the event of a U.S. or Israeli attack on Iran, both shows will be closed in protest.) A thought for the fall: These photos make great gifts.

PPP: IMPEACH CHENEY

Pacifica Peace People (PPP) supports impeaching Vice President Dick Cheney. Read more about Cheney's "pink slip" at codepinkalert.org, where you will see nine reasons why Cheney should be impeached. Also visit democracyinaction.org to sign the petition. In the box to list the name of an organization, please enter Pacifica Peace People if you are so inclined. PPP says it takes this stand because it wholeheartedly condemns Cheney's role in starting the Iraq War and threatening to start a war with Iran. PPP considers these to be impeachable crimes. Cheney has lied about weapons of mass destruction to justify the invasion of Iraq, manipulated intelligence to deceive Americans about an alleged relationship between Iraq and al Qaeda to justify the use of armed forces against Iraq, and openly threatened aggression against the Republic of Iran without just cause. Visit pacificapeacepeople.net or email leslie@pacificapeacepeople.net.

RIPTIDE & RECAPTCHA

Thanks for the Pacifica Riptide site, I enjoy it regularly. When posting comments, I tend to resent the annoying 'captcha' verification, made necessary of course by the spammers. I like the idea in

ReCaptcha, where the captcha process is used to accomplish some public good, that being to digitize old books for archive.org using recaptcha.net/learnmore.html." (Bruce Hallman)

SWAMI SEZ

"There's a time when the operation of the machine becomes so odious, makes you so sick at heart, that you can't take part, you can't even passively take part, and you've got to put your bodies upon the gears and upon the wheels, upon the levers, upon all the apparatus, and you've got to make it stop! And you've got to indicate to the people who run it, to the people who own it, that unless you're free, the machine will be prevented from working at all!" (Mario Savio)

SITeseer

Winter fun at the old ballpark (ice-skating, Supercross, Cirque du Soleil, football): sfgiants.com

MAYBURRITOVILLE

- Local news: PacificaRiptide.com
- My columns on the Web: WanderingAndWondering.com, PacificaTribune.com.
- Email me your stories & photos: mayburrito@goofbuster.com